

Naught but a Story – Using Narrative Psychology in our Work

Martin Weegmann

June 2021 Saturday (date tbc), 10:30am to 16:00pm

Henley-on-Thames

‘We are story-telling animals’ says the philosopher. ‘We live in a story- shaped world’, says the psychologist. ‘Life imitates art’ says the writer. This workshop is an introduction to narrative psychology and its varied sources in philosophy, literature, and child development. Martin will demonstrate through interactive teaching how narrative approaches, broadly seen, combined with psychodynamic sensitivity, are powerful ways of connecting to the life-worlds, struggles and achievements of our clients.

Martin Weegmann is a Clinical Psychologist, Group Analyst & Narrative Therapist, with many years NHS experience. He has specialised in substance misuse, personality disorder and complex needs, including psychosis. He has delivered teaching and training to a wide range of organisations throughout the UK. His latest books are *Permission to Narrate: Explorations in Group Analysis, Psychoanalysis, Culture* (Karnac, 2016) and *Psychodynamics of Writing, Ed.* (Routledge, 2018). He is busy at work on a new book, *Stories of an NHS Psychologist*.

HOW TO BOOK?

1. To book, please email Cath Muston at CPD@riversidecounsellingservice.co.uk

OR

Print this form and return by post to: **Cath Muston, 12A Woods Rd, Caversham, Reading RG4 6NA**

2. To secure your place payment needs to be made in advance. You can pay by bank transfer to **Lloyds Bank Account Number: 00792754, Sort Code 30-94-13** using the reference CPD followed by your surname and then the initials of speaker. For example: CPD / Muston / MG

OR

Send a cheque payable to Riverside Counselling Service with your booking form to:
Cath Muston, 12A Woods Rd, Caversham, Reading RG4 6NA.

.....
Name:

Address:

Contact No:

Email:

Payment made by: Bank transfer Cheque (enclosed)

Where did you hear about this workshop?

Where is the Workshop?

Riverside Counselling Service, Friends' Meeting House, 45 Northfield End, Henley, RG9 2JJ. Directions and parking instructions available at: www.riversidecounsellingservice.co.uk



Cost: £30 (£20 concessionary rate for students & Riverside Associates*)

Receipts will be emailed on receipt of payment and CPD certificates will be issued on the day.

ENQUIRIES: *Please leave a message on 01491 876670 and we will get back to you.*

**Riverside Associates: past counsellors, trustees or volunteers of Riverside.* Registered Charity No: 1018853