

Sponsorship Form



Name

My Step Out Target

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Please help me raise money for Riverside Counselling Service.

'We know that getting outside is great for both our mental and physical health. As Spring arrives, we would like to give you that reason for putting on your boots or trainers, opening your front door and getting out in the fresh air. We would like to invite you help everyone to 'Step Out for Riverside.'

Thank you for your support!

First Name	Surname	Postcode	Date	Donation	Gift Aid* (Please Tick)	Comment

*Gift Aid allows us to reclaim an extra 25% on your donation. By ticking the box headed 'Gift Aid? v', I confirm that I am a UK Income or Capital Gains taxpayer. Full details <https://www.gov.uk>