



## **Stage 1 Certificate Course Introduction to Counselling Young People (ages 11-18)**

**January – June 2022**

Both the BACP and UKCP require that counsellors who are trained (or are currently training) to work with adults, who also wish to work with young people under the age of 18, demonstrate that they have acquired the competences to work safely with young people. Our course provides the full BACP curriculum for the first stage of this training. We will be offering Stage 2 for qualified practitioners from September 2022.

### **The Aim of this Training:**

The aim of this course is to enable counselling practitioners to gain knowledge of and competence in working with young people aged 11–18 years in order to practice with this age group in an ethical and effective way. You will be enabled to develop the capacity to reflect on your practice and think with your colleagues about the clinical work.

### **The Training Includes:**

- Ethical and Professional Practice
- Child Protection and Safeguarding
- Risk Assessments
- Child and Adolescent Development and Transitions
- Communication with Young People
- Beginnings and Endings with Young People
- Mental Health and Young People
- Working in the Context of the Counselling Setting

### **Format of the Training:**

- Lecture
- Discussion
- Reflective clinical practice group

Sessions will be delivered online via Microsoft Teams on the 4th Monday of every month from January to June 2022. In addition there will be face-to-face workshops on two Saturdays in Didcot (venue to be confirmed). Each session will be from 9am - 12.30pm.

### Course Dates:

Monday 24<sup>th</sup> January  
Monday 28<sup>th</sup> February  
Saturday 12<sup>th</sup> March  
Monday 28<sup>th</sup> March  
Monday 25<sup>th</sup> April  
Monday 23<sup>rd</sup> May  
Saturday 11<sup>th</sup> June  
Monday 27<sup>th</sup> June

### Cost:

£700 for the whole course (8 modules), or  
£90 per individual module  
*There will be an option to pay in 6 x monthly instalments*

The course is delivered by experienced and qualified Child and Adolescent Psychotherapists, and by Adult Qualified Counsellors and Psychotherapists with extensive experience of Adolescent Work.

Suitable for trainee counsellors and psychotherapists as well as post qualified clinicians working in the UK.

Placement opportunities are available with Riverside Young People's Service in Oxfordshire if your adult training meets Riverside's requirements (see website).

Please note: Stage 1 is the first part of a two-stage training programme. We are planning to offer Stage 2 - which is for qualified adult trained practitioners - from September 2022.

- Stage 2 will include 50 hours of clinical practice with young people aged 11-17 which you can do at Riverside or at your current workplace (if appropriate).
- Your supervisor will need to be approved and your work with young people will need to be recorded and signed off by the organisation where you gained the experience.
- At the end of the programme you'll be required to complete a case study and an assignment related to your development as a clinician working with young people.

### How to register for Stage 1:

To register your interest please email [fiona.harvey@riversidecounsellingservice.co.uk](mailto:fiona.harvey@riversidecounsellingservice.co.uk)  
or to find out more please email [hilary.arthur@riversidecounsellingservice.co.uk](mailto:hilary.arthur@riversidecounsellingservice.co.uk)

[www.riversidecounsellingservice.co.uk](http://www.riversidecounsellingservice.co.uk)  
[contact@riversidecounsellingservice.co.uk](mailto:contact@riversidecounsellingservice.co.uk)

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